

EVALUATION OF SPORTS PREMIUM 2014/15

Breakfast Club

Breakfast Club was created due to a need in the increasing number of children not having breakfast before school. Research suggests that children learn better after a healthy breakfast.

- Breakfast club took place x2 weekly during 2014 15
- 18 number of children attended twice weekly (identified pupil premium)
- Healthy breakfast options were available

IMPACT

- Children were better prepared for the working day
- Children have a better understanding of the importance of a Healthy Breakfast
- Greater opportunities for social interaction which resulted in a growth in confidence

Workshop on Healthy Eating - Change for Life

A weekly workshop for KS1 and KS2 children, taking part in a range of activities to promote fitness using props and equipment from Change for Life Programme. The children also took part in the Change for Life Festival.

IMPACT

- Children were extremely enthusiastic and fully engaged throughout the program
- Some children then applied for relevant after sporting school clubs after trailing the Change for Life Program
- The children's knowledge of healthy eating improved. This was noted through discussion from the workshop Leader, where children became more knowledgeable and confident to and suggest healthier alternatives.

Healthy Eating Workshop for Parents

This was a family learning initiative where parents attended 5 sessions with their child to learn about healthy eating, including the preparation of snacks and simple meals.

Family Health

This was a family health course aimed at KS1 parents. It was a 5 week course targeting 9 adults with their children.

There was also a health course aimed at KS2 parents. This was also a 5 week course targeting 8 adults with their children

Fun with food and Fitness

5 Adults and their children completed this course

IMPACT

- Improved parental knowledge about healthy eating and making lifestyle changes.
- Improved knowledge of how to cook simple and healthy meals on a budget.
- Encouraged the children to try new healthy foods.
- Parents would share ideas of healthy meals which they prepared at home.

Lunchtime Sporting Activities

- Purchase of new resources on the KS1 Yard
- Adult leads the KS1 games daily
- Development of KS2 Play Leaders to interact and support the younger children
- Adult leads the KS2 games daily

IMPACT

- Improved behaviour on the KS1 yard
- Increased number of children taking part in exercise
- Increased number of children learning new sporting skills

Healthy Eating Stickers

- HT and DHT monitor children eating habits at Lunch Time

IMPACT

- A greater percentage of children on sandwiched bring fruit from 70% to 85%
- A greater percentage of children eat their lunch from to 60% to 70%

Extended Schools Sporting Clubs

A range of before and after school clubs available for children from Year 1 to 6.

IMPACT

- There was an increase in the number of before and after school clubs available from 6 to 9 available throughout the year at various times. These clubs included Glee, Cross Country, Hi-Fives, Football (Girls and Boys), Multi-sports for KS1 and KS2, Dance, Dodge Ball, Tag Rugby, Hockey.

Sporting Equipment

During a review of the Sports Premium Spending it was decided that it would be beneficial to allocate more of this budget to Gymnastics CPD. This was agreed by the Governing Body. Therefore, a reduced proportion of the budget was spent on resources.

The allocated budget was spent on maintaining PE Equipment, track marking for Sports Day, 20 mats and appropriate storage, a wide range of small equipment for use in PE lessons and during lunch times.

IMPACT

- This has improved the quality of Teaching and Learning, in particular in relation to the teaching of Gymnastics as staff have the correct equipment they need to develop skills.
- Skills across wide range of areas have been improved as the equipment now meets the needs of the children and has helped them to progress with a variety of skills.
- The new sporting equipment enabled the staff to coach several sporting teams to take part in.

Sports Apprentice

We employed a full time Sports Apprentice from November 2014.

IMPACT

- School now offers an increased range of after school clubs from 6 to 9 clubs with a sporting/exercise aspect, including more clubs for KS1
- Staff are more confident to deliver PE lessons
- An improvement in teaching and learning in all PE lessons

Coach for Sporting events

We employed a Sports Coach to lead a range of clubs.

IMPACT

The children took part in an increased number of sporting events as follows:

1. Cross Country - one pupil in Year 5 was chosen to represent the City at the County.
2. Tag Rugby - Year 5/6 team earned a place at the Longton District Finals
3. Hockey- The children came second in the quick sticks Hockey Tournament
4. Football - The boys were 4th in the South Schools League
5. Football - The year 5/6 girls took part in the Stoke South Tournaments and earned a place at the semi-finals.
6. Hockey - Year 5/6 Tournament
7. Swimming Gala - 2 pupils earned a place to swim for Longton Town District
8. Rounders Tournament

KS1 Dance Teacher

We employed a professional Dance Teacher to teach and After School Club for Year 2 and 3 for the year.

IMPACT

- Many children gained confidence in Dance - performed the dance to a large audience at the Victoria Hall as part of a celebration of Dance across the city.
- The standard achieved by the children was exceptionally high.
- Many of these children now have private dance lessons outside school.

Gymnastics CPD and quality of Teaching and Learning

Gymnastics coaches were employed to teach a number of children throughout the school and develop staff skills in the teaching of gymnastics.

IMPACT

- There was an improvement in the quality of teaching and learning in gymnastics.
- The children progressed really well, learning new skills. There was an improvement in standards.
- Feedback from children was extremely positive.
- The staff reported that they felt more confident to plan and teach gymnastic lessons.

Outdoor Educational Visit

Year 5 children spent a day at Standon Bowers Outdoor Education Centre.

IMPACT

- Increased confidence to tackle new adventurous activities.
- This taster day encouraged more children to take part in a full weeks residential in the Autumn Term 2015.